

Day 1: March 6, 2026
Bone Model Workshop :
Lower End Radius & Metacarpal Fractures

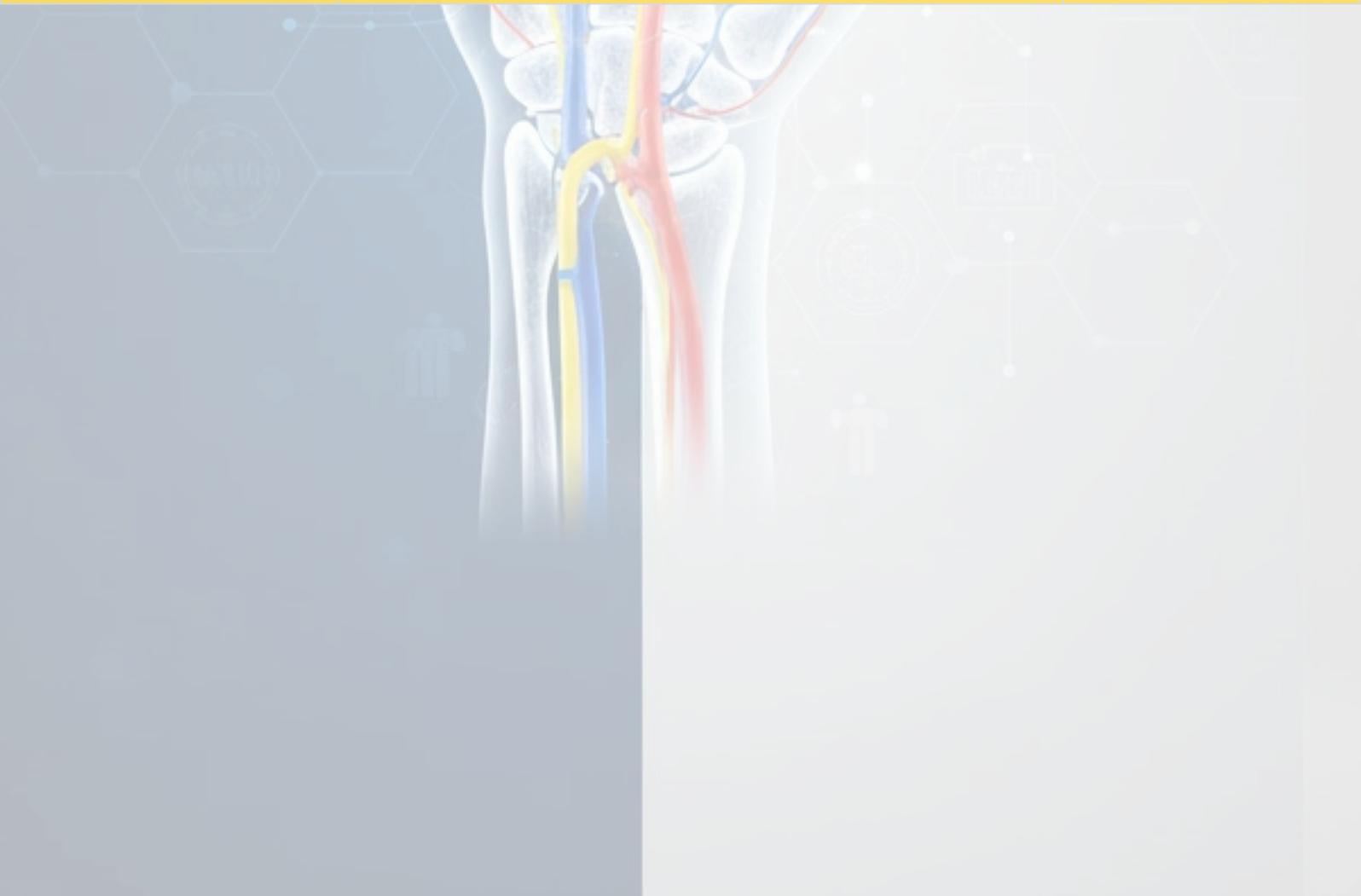
TIME	TOPIC	SPEAKER
1:00 PM – 1:30 PM	Introduction	Dr. Chaitanya Mudgal
1:30 PM – 2:00 PM	Lunch	
2:00 PM - 3:30 PM	Bone Model Workshop on Lower end Radius	
	Key X-ray Features	Dr. Shailesh Gupta
	Volar Approach	Dr. Ravi Bharadwaj
	Plate placement tricks	Dr. Sudhir Warriar
	Tios and tricks for reduction / fixation	Dr. Harry Hoyen
	Practice on Bone Model	
15 MINS BREAK	Coffee Break	
3:45 PM - 5:30 PM	Bone Model Workshop on Metacarpal Fixation	
	Indiacation for MC plating	Dr. Anirban Chatterjee
	Surgical approach for Metacarpal	Dr. Binu Thomas
	Knowing your implants and principles	Dr. Anil Bhat
	Tips and Tricks for reduction / fixation	Dr. Harry Hoyen
	Practice on Bone Model	
5:45 PM - 6:00 PM	K wire Fixation in the hand: Mechanics and Principles	Dr. Russell Shatford

Day 2: March 7, 2026

TIME	TOPIC	SPEAKER
8 AM - 8.45 AM	Registration	
8.45 AM -9:00 AM	Introductory remarks & Introduction of the faculty	Dr. Chaitanya Mudgal
9.00 AM - 9.45 AM	Module 1: Compressive median neuropathy	Moderator (Dr. Chaitanya Mudgal)
	Technical aspects of open carpal tunnel release	Dr. Chaitanya Mudgal
	Technical aspects of endoscopic carpal tunnel release	Dr. Anil Bhat
	Injury to the motor branch / median nerve after CTR	Dr. Amit Gupta
	Persistent symptoms after open carpal tunnel release	Dr. Harry Hoyen
	Recurrent symptoms after carpal tunnel release	Dr. Sheeja Rajan
	Panel Discussion	
9.45 AM 10.30 AM	Module 2: Compressive ulnar neuropathy	Moderator (Dr. Anil Bhat)
	Technical aspects of in situ cubital tunnel release	Dr. Ravi Bharadwaj
	Technical aspects of anterior subcutaneous transposition	Dr. Chaitanya Mudgal
	Tardy ulnar nerve dysfunction	Dr. Binu Thomas
	Unresolved symptoms after in situ ulnar nerve cubital tunnel release	Dr. Pankaj Ahire
	Panel Discussion	
10.30 AM - 10.50 AM	Opening Ceremony	
10.50 AM - 11.10 AM	Coffee break	
11.15 AM - 12.15 AM	Module 3:Flexor tendon injury	Moderator (Dr. Binu Thomas)
	Technical aspects of jersey finger /zone 1 flexor tendon management	Dr. Anil Bhat
	Technical aspects of zone 2 flexor tendon repair / venting of pulleys	Dr. Sudhir Warriar

	Management of tendon adhesions and tenolysis	Dr. Harry Hoyen
	Management of tendon rupture and reconstruction :one stage versus two stage	Dr. Amit Gupta
	The neglected zone 1/ zone 2 injury	Dr. Shailesh Gupta
	Panel Discussion	
12.20 PM - 1.00 PM	Small Group Discussion 1	
1.00 PM - 1.40 PM	Lunch	
1.45 PM – 2.30 PM	Module 4: Extensor tendon injury	Moderator (Dr. Shailesh Gupta)
	Nonoperative treatment of mallet finger – splint, skin care, joint position	Dr. R Subhashini
	Technical aspect of mallet finger with subluxation (Bony vs soft tissue)	Dr. Russell Shatford
	Technical aspects of zone 3 laceration with boutonniere	Dr. Sam Pallapati
	Technical aspects of sagittal band injury management	Dr. Srinivasan Rajappa
	Extensor tendon rupture with distal radius fracture fixation	Dr. Chaitanya Mudgal
	Digital stiffness after extensor tendon repair	Dr. G Karthikeyan
	Questions & Answers	
2.30 PM -3.15 PM	Module 5: Scaphoid fractures and non-union	Moderator (Dr. Sudhir Warriar)
	Diagnosis & treatment of acute scaphoid fracture (MRI role)	Dr. Ravi Bharadwaj
	Untreated scaphoid fracture (4 weeks old)	Dr. Anirban Chatterjee
	“Healed scaphoid” – Xray at 6 months shows nonunion	Dr. Harry Hoyen
	SNAC wrist debate – PRC vs 4-corner fusion	Dr. Chaitanya Mudgal Dr. Russell Shatford
	Questions & Answers	

3:20 PM – 4:00 PM	Module 6: Research Panel	Moderator (Dr. Chaitanya Mudgal)
	Literature analysis, manuscript preparation, study selection	
4:00 PM – 4:15 PM	Coffee Break	
4.15 PM - 5.00 PM	Module 7: Elbow fractures and dislocations	Moderator (Dr. Sam Pallapati)
	Terrible triad surgery	Dr. Harry Hoyen
	Olecranon fixation	Dr. Chaitanya Mudgal
	Radial head fixation	Dr. Russell Shatford
	Heterotopic ossification after elbow surgery	Dr. Anil Bhat
	Elbow stiffness after injury / surgery	Dr. Anil Bhat
	Questions & Answers	
5.05 PM -5.45 PM	Small Group Discussion 2	
7.30 PM-10.00 PM	Banquet Dinner	



Day 3: March 8, 2026

TIME	TOPIC	SPEAKER
8.00 AM - 8.10 AM	Recap of Day 2	Dr. Chaitanya Mudgal
8.15 AM - 9.30 AM	Module 8: Distal radius fractures	Moderator (Dr. Amit Gupta)
	X-ray features needing particular attention	Dr. Shailesh Gupta
	Technical aspects of monoblock VLP placement	Dr. Sudhir Warriar
	Untreated 6-week distal radius fracture with displacement	Dr. Sam Pallapati
	“Jumped” lunate facet after VLP	Dr. Pankaj Ahire
	Prominent volar plate with FPL rupture	Dr. Anirban Chatterjee
	Ulnar-sided wrist pain – fate of ulnar styloid	Dr. Ravi Bharadwaj
	Questions & Answers	
9.30 AM - 10.15 AM	Free paper presentation (8 papers × 4 mins)	
10.15 AM - 11.00 AM	Kudav–Mudgal Oration – <i>Learning hands, healing hands, teaching hands</i>	Dr. G Karthikeyan
11.00 AM – 11.15 AM	Coffee Break	
11.15 AM - 11.45 AM	Module 9: Basic hand flaps	Moderator (Dr. Anirban Chatterjee)
	VY flap	Dr. Sheeja Rajan
	Cross-finger flap	Dr. R Subhashini
	Moberg flap	Dr. Amit Gupta
	Questions & Answers	
11.45 AM - 12.15 PM	Small Group Discussion 3	
12.20 PM - 1.15 PM	Module 10: Metacarpal & phalangeal fractures	Moderator (Dr. Pankaj Ahire)
	Technical aspects of metacarpal pinning	Dr. Sheeja Rajan
	Metacarpal plating / Intramedullary screw fixation	Dr. Chaitanya Mudgal
	Missed MP & CMC joint dislocation	Dr. Anirban Chatterjee
	Post-op stiffness after plated metacarpals	Dr. Shailesh Gupta

	P1 & P2 pinning	Dr. Pankaj Ahire
	Malrotation & stiffness after fractures	Dr. Russell Shatford
	Questions & Answers	
1.15 PM - 2.00 PM	Lunch	
2.00 PM -4.30 PM	<p>Case-based discussion: This is my complication — What do I do now?</p> <p>Panelist: Dr. C. Mudgal, Dr. Anand Arya, Dr. Ravi Bhardawaj, Dr. Rohan Habbu, Dr. Pankaj Ahire, Dr. Vidhisha</p> <p>Presenter: Dr. Anand Arya, Dr. Vidhisha, Dr. Amit Varade, Dr. Suneel, Dr. Kishore, Dr. Ajeet Tiwar, Dr. Karan Chaudhary</p> <p>Case presentation & discussion</p>	
4.30 PM - 4.35 PM	Wrap-up & course adjourn	

